

Name of Network- Inverurie Primary Term 1 School Year 13/14

Welcome to the Inverurie Primary Network newsletter for Term 2

Term 1 in the Inverurie Primary Network has seen over 85 children attending activities ranging from Basketball to Yoga and Contact Rugby to Hip Hop Dancing.

The Focus Sports project continues to develop with the pending introduction of Hockey and Squash along with a unique opportunity later this year for Keithhall and Hatton of Fintray to access Horse Riding.

Kenny Gibb's Basketball Academy was held over the October Holidays and attracted over 25 pupils each day and I am also delighted to confirm that Kenny's high quality coaching is coming to Newmachar in Term 2.

Upcoming events/activities

- 1. Term 2 programme**
- 2. New Hockey and Horse Riding**
- 3. Club Network Evening**

Training Opportunities

- 1. Netball Fun 5z Workshop**
- 2. First Aid Training**
- 3. Child Protection**

Contact Us

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Grow Well Choices provides Inverurie cluster with healthy eating and exercise

Term 1 saw NHS Grampian visiting 8 of the schools within the Inverurie Cluster to deliver the highly acclaimed "Grow Well Choices" programme. The programme aims to enable children to learn about healthy lifestyle choices and the importance of being healthy through healthy eating and physical activity sessions. The pupils looked at the importance of a healthy lifestyle and the benefits associated with making informed healthy choices as well as being re-introduced to the concept of the 'eatwell plate', energy balance and healthy snacks. As well as investigating sugars and fats in food and drinks the children were encouraged to be more active with the sessions incorporating physical activity sessions linked to the healthy eating knowledge they had gained.



Term 2 Activities are now "Live" and open for entries

Term 2 Activities are now open for applications via the Active Schools webpage at

http://www.aberdeenshire.gov.uk/recreation/active_schools/groups/inverurie.asp

Look out for Squash and Hockey coming shortly and the return of the Cross Country Running Series in early 2014

Term 2 Activities Timetable

Please see the table below for details of the Term 2 Active Schools Programme. Further details can be found at:

www.aberdeenshire.gov.uk/recreation/active_schools/groups/inverurie.asp

TERM 2 13/14	INVERURIE	NETWORK						
Activity	Location	Starts	Ends	Times	Cost	Coach	Age	Type
Skipping	Inverurie Town Hall	Tuesday 5 th November	Tuesday 10 th December	5pm-5.45pm	£12 for block paid to Active Schools	Jumpin Jax	P1-P7	Cluster
Basketball	Inverurie Academy Main Games Hall	Friday 8 th November	Friday 13 th December	P5-7: 3.45-4.45 P1-4: 5.00-5.45	£15 for block-paid to Active Schools	Kenny Gibb	P1-P7	Cluster
Contact Rugby	Kellands Park Garioch RFC	Tuesday 5 th November	Tuesday 10 th December	4pm-5pm	Free	Garioch RFC	P5-P7	Cluster
Kellands Cross Country Club	Kellands School	Wednesday 6 th November	Wednesday 11 th December	P5-P7 3.15-4.15pm	£6 for block payable to school office	Dawn Fraser	P5-P7	School only
Kellands School Football	Inverurie Academy	Thursday 31 st October	Thursday 12 th December	P5-P7 6.15pm-7.15pm	N/A	Graeme Strachan and Drew McGinn	P1-P7	School only
Market Place Football	Inverurie Academy	Friday 1 st November	Friday 13 th December	6.15pm-7.15pm	N/A	Parents Coaching Team	P1-P7	School only
Hip Hop *P1-P3 SOLD OUT	Newmachar Primary School	Wednesday 6 th November	Wednesday 11 th December	P1-P3: 3.15-4.00 P4-P7: 4.00-4.45	£15 block-paid to Active Schools	MC	P1-P7	School only
Basketball	Newmachar Primary School	Monday 4 th November	Monday 9 th December	P1-P4 3.30pm-4.15pm P5-P7 4.15pm-5.15pm	£14 for block-paid to Active Schools	Kenny Gibb	P1-P7	School only

Angus and Aberdeen Football Club bring some “Energy” to Newmachar and Strathburn

Aberdeen Football Club and Angus the Bull visited Newmachar and Strathburn as part of the promotion tour for the 2013 Energy Cities Cup which was held at Pittodrie between Aberdeen and Viking Stavanger. Aberdeen ran out 3-2 winners on the night to claim the silverware. During the school visits pupils faced Angus in a “dance off” to win free tickets to the match



Parents- what was your sport? Could you be a parent volunteer or coach?

Active Schools relies heavily on volunteers and coaches to ensure that we can deliver high quality coaching for all our activities. We also appreciate how busy everyone is, especially parents, but is there a chance that you are one of those hidden volunteers or coaches who used to love taking part in sport? If that is you then please get in touch with me at malcolm.grant@aberdeenshire.gov.uk. Active Schools can provide you with support, guidance and training so that putting something back into the Inverurie community is easy and we will allow you to enjoy volunteering within sport. If you have the right qualifications and experience then we are looking for you to help ensure that Aberdeenshire remains at the forefront of youth participation in sport.

For more information on Active Schools visit: www.aberdeenshire.gov.uk/activeschools
Like us at Facebook: www.facebook.com/activeschoolsAberdeenshire